

Kindness

For Kids of all Ages and the Grown-ups who care about them.



I am kind. I look for ways to help others. I show kindness to any person or animal I see. I do all I can to take care of the earth.



Kindness

Being kind makes life better for everyone.

Kindness is showing we care about anyone or anything that crosses our path. We can be kind to people, to animals, and to the environment.

Kindness is shown in small gestures that brighten people's lives. We can practice kindness by noticing when someone or something needs our help.

You are practicing Kindness when you...

- Give tender attention to someone who is sad or needs help
- Do things to give others happiness
- Practice habits that help the environment (reduce, re-use, recycle)
- Resist the temptation to be cruel
- Accept people who are different

Learn more at theVchannel.com/Kindness

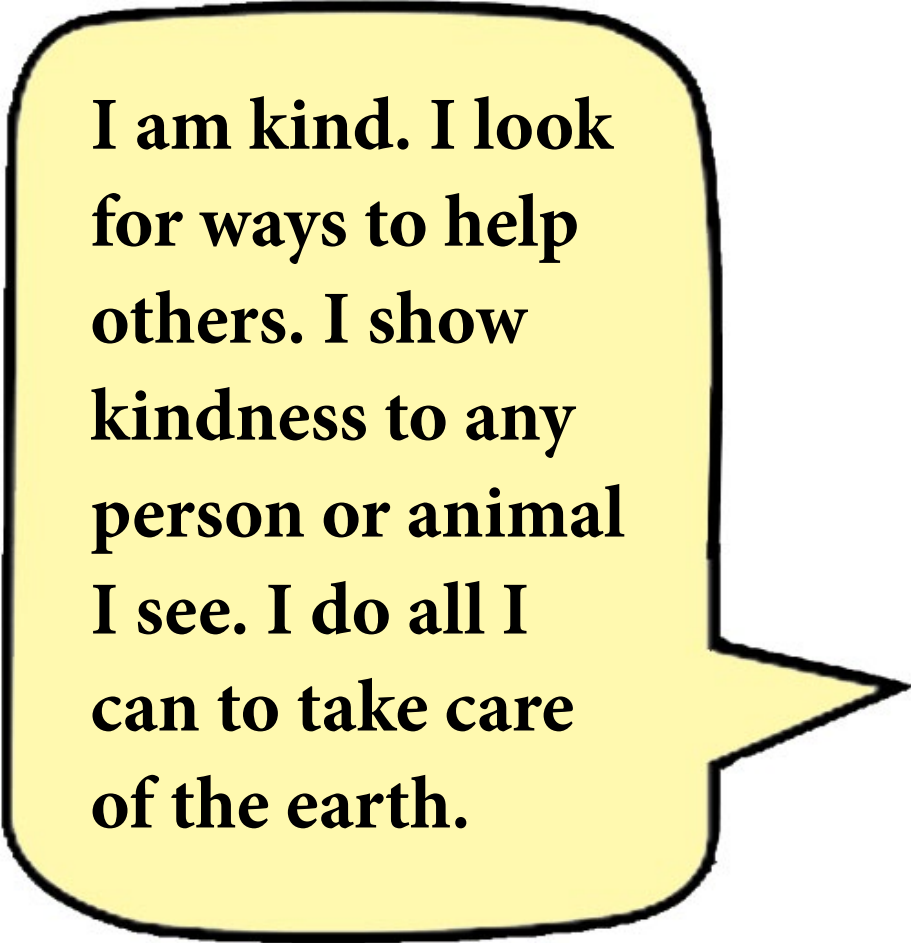
"V" TOONS
COLORING PAGES
Self-Portraits!



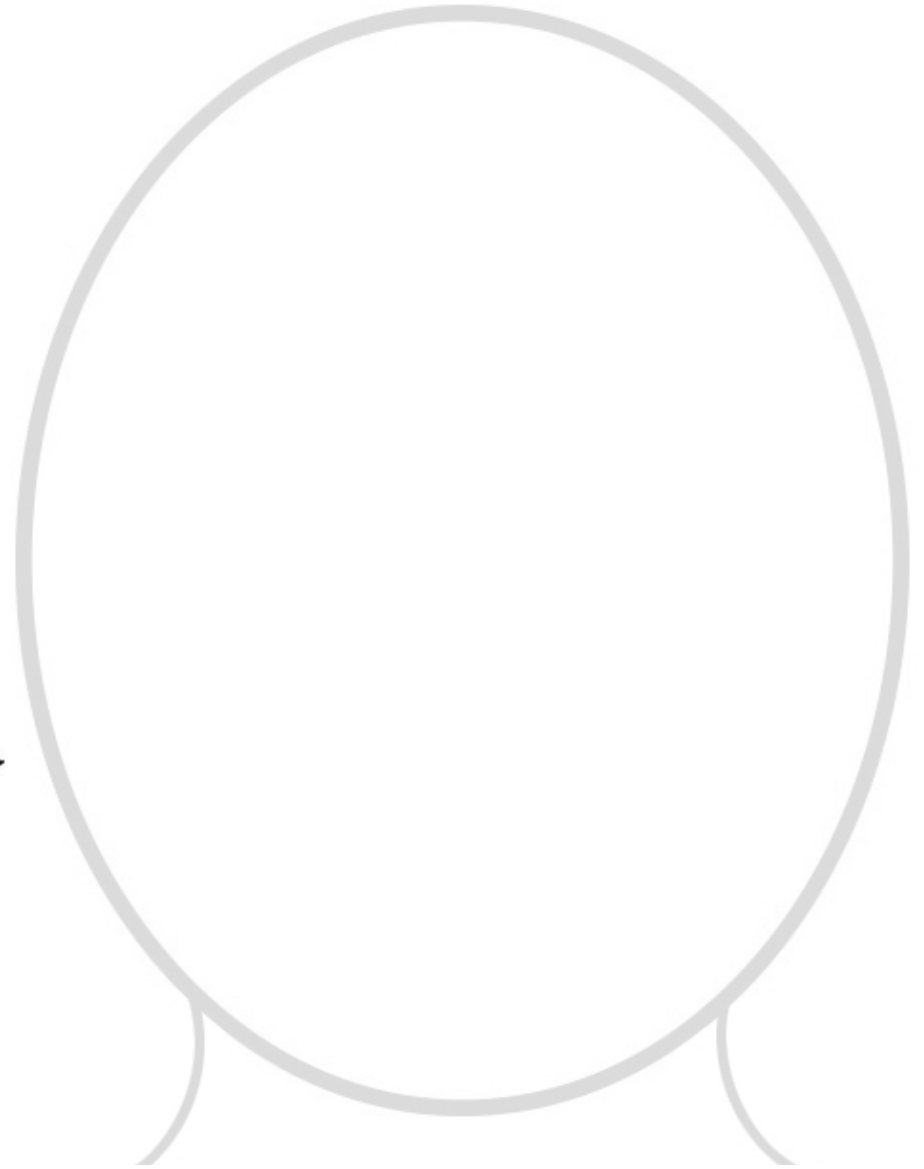
Draw and Color a Kindness Affirmation Self-Portrait!

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Every dollar we receive goes directly toward inspiring kids everywhere to choose virtues!



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We appreciate your generosity!
— The “V”TOONS Team



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